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GLOBAL VISIONS COACHING — inspire courage, destiny

## Cancer Awareness Prevention Program

In this program, you will learn about:

- ❖ The mind-body connection between health & illness
- ❖ The biological, psychological, social & spiritual causes of cancer
- ❖ How a person's early life history, childhood, relationships & emotions can be related to cancer
- ❖ The body's relationship between stress and illness
- ❖ Understanding why & when the body says NO
- ❖ How repressed or unexpressed emotions are linked to illness
- ❖ How anger & negative emotions manifest in the body as dis-ease
- ❖ How persistent thought patterns & limiting beliefs affect your health

This program can be done in person, via telephone or skype.

*"A HEALTHY MIND = HEALTHY BODY"*

For more information, call [Nidhi](tel:416.830.5285) at 416.830.5285 or send an email to [nidhi@globalvisionscoaching.com](mailto:nidhi@globalvisionscoaching.com)